

TIMS FORD DEER TRAIL RUN

Part of the 30th Annual Tennessee State Park Running Tour

Saturday, December 6, 2008

Tim's Ford State Park, 570 Tims Ford Drive, Winchester, TN 37398.

Directions: From I-24, take Hwy 55 W (exit 111) to Tullahoma. At the third traffic light turn left on Westside Drive (Hwy 130). After four miles, bear right onto Awalt Road. After 5 miles, turn left onto Mansford Road, then 2 miles to the park. Park info 931-962-1183.

Start and Finish at the Recreation Building, located on Tims Ford Drive one mile from the park entrance. All race activities, including registration, refreshments and award ceremony will take place here. Race starts at 11:00 A.M. Central Standard Time.

Course: The course is six miles, out and back, on paved trails.

Awards: Special awards to top male and female overall, masters (40+), grandmasters (50+) and great grandmasters (60+). Ten-year age groups with top 3 awards in each category from under 20 to 80+. Award ceremony following the last finisher.

Long Sleeve T-shirt: guaranteed to all pre-registered runners.

Pre-register online at **Active.com**.

Pre-registration deadline: November 29, 2008. Race day registration from 9:30 to 11:00 AM.

Entry Fee: \$ 18.00 with or \$ 5.00 without shirt,
payable to MachTenn.

Race day without T-shirt \$ 12.00.

Mail registration to: **Mach Tenn R. C.**
210 Lakewood Drive
Tullahoma, TN 37388

Race Directors: Bob and Aggie Alt, Realt@charter.net (931) 455-3986. Info at www.MachTenn.org.

[Link to Registration Forms](#)